
MANIFESTO



A large, stylized, black and white graphic of the word "MANIFESTO". The letters are thick and blocky, with a splatter effect around them. The background is white with black ink splatters and a faint, dark, abstract pattern.

MANIFESTO



A colorful, abstract graphic of the word "MANIFESTO". The letters are filled with various patterns and colors, including red, blue, yellow, green, and black. The background is white with a faint, dark, abstract pattern.

THIS IS YOUR LIFE.
DO WHAT YOU LOVE,
AND DO IT OFTEN.

IF YOU DON'T LIKE SOMETHING, CHANGE IT.
IF YOU DON'T LIKE YOUR JOB, QUIT.
IF YOU DON'T HAVE ENOUGH TIME, STOP WATCHING TV.

IF YOU ARE LOOKING FOR THE LOVE OF YOUR LIFE, STOP;
THEY WILL BE WAITING FOR YOU WHEN YOU
START DOING THINGS YOU LOVE.

STOP OVER ANALYZING, ALL EMOTIONS ARE BEAUTIFUL.
LIFE IS SIMPLE. WHEN YOU EAT, APPRECIATE
EVERY LAST BITE.

OPEN YOUR MIND, ARMS, AND HEART TO NEW THINGS
AND PEOPLE, WE ARE UNITED IN OUR DIFFERENCES.
ASK THE NEXT PERSON YOU SEE WHAT THEIR PASSION IS,
AND SHARE YOUR INSPIRING DREAM WITH THEM.

TRAVEL OFTEN; GETTING LOST WILL
HELP YOU FIND YOURSELF.
SOME OPPORTUNITIES ONLY COME ONCE, SEIZE THEM.

LIFE IS ABOUT THE PEOPLE YOU MEET, AND
THE THINGS YOU CREATE WITH THEM
SO GO OUT AND START CREATING.

LIFE IS LIVE YOUR DREAM,
AND WEAR
SHORT. YOUR PASSION.

CREATE ADVENTURE

Help others GO OUT

create a life they love Walk

Take pictures

Read a book

Minimize

Be yourself

no matter what people say

Drink tea. *Eat greens*

Ride a board

BEWICKED

Go on a
roadtrip

Spend your life

Be kind **NOW**
to strangers

DO SOMETHING EXCITING
EVERY DAY

Choose happiness over money

BE THE AWESOME VERSION OF YOU

Climb a mountain THROW OUT YOUR TV

Design your own life

EXPLORE

Be Wicked

Listen to music

TRAVEL MORE

Ride a bike

Make new friends

Create your own waves

& surf 'em

WEAR
SUNGLASSES

Pack light

BIKE EVERYWHERE YOU CAN. SMILE
AT STRANGERS. LISTEN TO
RECORDS. HAVE A GOOD
BREAKFAST. KISS YOUR FRIENDS
HELLO. TURN OFF THE TV. STOP &
LISTEN. GIVE AWAY WHAT YOU NO
LONGER NEED. DRINK MORE
WHISKEY. USE WHAT YOU HAVE.
WEAR STRIPEY SOCKS. BE KIND.
BUY HANDMADE. STOP GIVING A
DAMN WHAT EVERYONE ELSE
THINKS. LEARN A NEW CRAFT. EAT
MORE VEGETABLES. BE OUTDOORS.
PLAY MORE. SPEND MORE TIME IN
YOUR PAJAMAS. TAKE A DEEP
BREATH AND MAKE IT HAPPEN.
STAND UP FOR THE LITTLE GUY.
FIND THE BEST IN OTHERS. LOOK AT
THE STARS & SLEEP IN A TENT.
MAKE MORE THINGS RAINBOW.

STOP DREAMING AND PROSPER.
NOW IS A GOOD TIME! GO AHEAD AND
STRETCH.
REALIZE IT HAS NOTHING TO DO WITH
DON'T WASTE MY TIME. **LUCK.**

TRI. IT'S ABOUT QUALITY OVER QUANTITY,
BLOG LESS BUT EXPECT MORE. **TEACH!**
LOVE. ^{WILL} **LISTEN** TO OTHERS
AND TO MY
LIVE. ^I **REALLY LISTEN** HEART.
BECOME AN EXPERT. SEEK PERFECTION.

I WILL BECOME A SELF SUSTAINABLE AND **INDEPENDENT ARTIST.**

LEARN CHALLENGE MYSELF
TO TRY NEW THINGS. **CREATE** I CAN
DO IT.
I WILL
DO IT.
EVERYDAY GIVE
SUPPORT HANDMADE. **PROMOTE**
INITIATE AND ENCOURAGE ARTS LOCALLY
GIVE! HELP OTHERS ANYWAY I CAN.
SHARE MY CREATIONS OFTEN.
LIVE UP TO MY POTENTIAL.
SMILE ALL THE TIME.

KILL YOUR TV

BAKE CAKE

DRINK TEA

★ **PLAY A KAZOO** ★

choose handmade

love your town

SING

KEEP IT WONKY

BARTER & SWAP

**MAKE
STUFF**

WRITE LETTERS

CHAMPION THE UNDERDOG

GROW
YOUR

COMMUNITY



LOVE ALL THE PEOPLE

LIVE YOUR LIFE

AARDVARK

BE KIND

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off hutton

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[BIG GAME SELLING] MANIFESTO

WE ARE ALL SELLING, ALL THE TIME.

SELLING IS NOT *SLEAZY*, OR *SLIMY*.

IF YOU DO IT RIGHT.

SELLING IS ABOUT HELPING OTHERS SEE THE LIGHT
AND MAKING THE CHOICES THAT ARE RIGHT FOR THEM.

SELLING IS ABOUT TAKING THE

PATH THAT REQUIRES COURAGE AND BRAVERY.
THE LESS TRAVELED PATH THAT MOST CHOOSE TO AVOID.

**DARING TO PLAY
A BIGGER, BOLDER GAME.**

SELLING IS THE ART OF INFLUENCING OTHERS AND DISCOVERING COMMON GROUND.

**STOP TRYING YOU ARE NOT A
TO CONVINCE NATURAL BORN
YOURSELF. SALESPERSON.**

NATURAL BORN SALESPeOPLE DO NOT EXIST. THEY
ARE **AN URBAN MYTH, JUST LIKE THE YETI AND ZOMBIES.**

NOW GO OUT AND PLAY.

THE BIGGEST GAME OUT THERE. HOLD NOTHING BACK. GIVE EVERYTHING. AND WIN.

AGOCLUYTENS.COM/BIGGAMESELLING

BE LIMITLESS. D R E A M
INSPIRE YOURSELF,
AND THEN INSPIRE OTHERS.
EXPERIMENT.
NEVER WAKE UP FROM
THAT DREAM. BIG

LIVE LIFE ON YOUR TERMS.

TAKE RISKS, FAIL, LEARN, TAKE MORE RISKS.

NEVER EVER SETTLE. BE A SUPERHERO.

THERE IS MORE TO YOU THEN YOU KNOW. BE STRONG.

MAKE YOUR LIFE YOUR MESSAGE. BELIEVE.

DON'T PUT OFF LIVING. TAKE ACTION TODAY.

LET FEAR BE YOUR MOTIVATION. BE HEALTHY.

ACTION IS THE FOUNDATIONAL KEY TO ALL SUCCESS.

DO MORE OF WHAT YOU LOVE, AND LESS OF WHAT YOU DON'T.

INSPIRATION WITHOUT ACTION IS HALLUCINATION.

BE EXTRAORDINARY. PAY IT FORWARD. JUST

BE UNSTOPPABLE. PERMISSION IS NOT NEEDED. WIN

PAT YOURSELF ON THE BACK. SCRATCH THE SURFACE? NO, DIG A HOLE.

RUN, JUMP, MOVE, BE FREE.

EXPECT SUCCESS, ANTICIPATE A CHALLENGE, EMBRACE FEARS.

TAP INTO YOUR POTENTIAL. BRILLIANCE IS THERE.

LEAVE YOUR Y O U A R E

FOOTPRINT. LIMITLESS.

SURF. YOU'RE AWESOME.
BELIEVE IN YOURSELF.
■ BE ECOLOGICAL, LIVE SUSTAINABLY.

EMBRACE YOUR LIFE'S PASSION.

FIND YOUR COURAGE.

LISTEN MORE THAN YOU SPEAK,
BUT WHEN YOU HAVE SOMETHING TO SAY, SPEAK UP.

DO WHAT YOU LOVE.

LEARN SOMETHING NEW EVERY SINGLE DAY.

INSPIRE. BE KIND. BE **GRATEFUL.**

PLUG THE ENERGY LEAKS IN YOUR LIFE.

FOLLOW YOUR DREAMS, BUT KEEP YOUR FEET ON THE GROUND.

DANCE ON THE WAVES LIKE NOBODY IS WATCHING.

RISK. WHEN IN DOUBT, PADDLE HARDER, **DON'T GIVE UP.**
SUPPORT THE **GROWTH** AND **SUCCESS** OF OTHERS.
SMILE AT STRANGERS. LAUGH AT YOURSELF.

TRAVEL TO **UNKNOWN** PLACES.

BE PASSIONATE ABOUT WHAT YOU DO,
EXPRESS IT PROUDLY TO THE WORLD. **DO IT.**

SURFING AND THE OCEAN ARE OUR GIFT.

BE ENTHUSIASTIC ABOUT LIFE.

IT IS NOT A SHOE STORE.

IT IS A STARTING POINT. A PLACE THAT CONVERTS HUMAN INERTIA
INTO A FORCE THAT SPINS THE GLOBE. A FORCE THAT
TRAMPLES DOWN WALLS

AND ERADICATES EXCUSES. AND

BRINGS A NATION
TO ITS FEET.

IT MOVES PEOPLE FOR LIFE.
AND HEALTH. AND STRENGTH. ITS MOMENTUM IS
UNSTOPPABLE. UNSLOWABLE, EVEN.

IT MOVES PEOPLE TO
MOVE PEOPLE.

IT MOVES PEOPLE TOGETHER. IT IGNITES
HEARTS AND INSPIRES EMOTION. AND THAT
EMOTION TURNS INTO MOTION.
THAT MOTION IS TURNING OUT TO BE A MOVEMENT.
WE ARE THE MOVEMENT. AND SO ARE YOU.

BE THE MOVEMENT

FLEET FEET
Sports

TAKE RISKS DRINK MORE WATER

BREATHE



SHARE YOUR WORLD WITH OTHERS

LIFE IS FAR TOO IMPORTANT TO BE TAKEN SERIOUSLY.

LOVE WHAT YOU **DO IT**
DO OR DON'T



**ALWAYS CHECK THE FRIDGE
FOR MILK BEFORE YOU
POUR YOUR CEREAL**



DON'T BACK DOWN WHEN YOU KNOW YOU'RE RIGHT

REMEMBER THAT A
CREATIVE JOB
IS A **LIFESTYLE**



BE HONEST.
BE FORGIVING.

SET DEADLINES AND MEET THEM.

DON'T STOP

EMBRACE YOUR

SPELL

DANCING SHORTCOMINGS CHECK



DO IT RIGHT THE FIRST TIME

TREAT YOUR FRIENDS
LIKE YOUR FAMILY



THE SCAVENGERS' MANIFESTO

A GUIDE TO FREEING YOURSELF FROM THE
ENDLESS CYCLE OF BUYING MORE AND
MORE NEW (THOUGH NOT NECESSARILY
IMPROVED) **STUFF**, AND DISCOVERING HOW
SALVAGING, SWAPPING, REPURPOSING,
REUSING, AND RECYCLING CAN SAVE THE
EARTH, YOUR MONEY, AND YOUR SOUL ■

ANNELI RUFUS AND KRISTAN LAWSON ■

YOUR BEST IDEA

MIGHT BE THE ONE PEOPLE LAUGH AT.

can be explained in a single sentence.

CHANGES THE WAY PEOPLE THINK, FEEL AND ACT.

is easy to share. CREATES MEANING
is not always the one that will make the most money.

CONNECTS PEOPLE. MAKES A PROMISE.

BENEFITS OTHERS MORE THAN YOU.

IS AT THE EDGE OF WHAT ALREADY EXISTS. DOESN'T NEED THE PERMISSION OF OTHERS.

solves a problem. SCARES YOU.

IS NOT FOR EVERYONE. might fail.

tells an old story in a new way.

DESERVES TO SEE THE LIGHT OF DAY.

is the one they said wouldn't work.

IS YOUR PASSION. HAPPENS OUT OF THE CORNER OF YOUR EYE.
may seem insignificant at first.

MATTERS.

THIS IS YOUR CITY.
IF YOU DON'T
LIKE IT LEAVE.

IF YOU STAY HELP IT GROW
MAKE IT BETTER, PARTICIPATE
IN ITS FUTURE SO THAT YOU TOO CAN
CALL IT HOME.

YOU ARE THE MOST IMPORTANT
BUILDING RIGHT HERE WHERE YOU
STAND NOW: THE TALLEST
TOWER OF KNOWLEDGE AND
POSSIBILITIES. REDUCE YOUR
IMPACT BUT EXTEND YOUR REACH.

DREAM ABOUT THE SPACES YOU
WOULD LIKE TO OCCUPY,
THEN JOIN SOMEONE AND
MAKE IT HAPPEN.

THE TOPOGRAPHY OF YOUR
CITY IS SHAPED BY YOU.

COMMUNICATE YOUR PASSION, DESIGN
YOUR PRESENT. YOUR CHOICES
DETERMINE THE FUTURE OF YOUR CITY,
OF EVERY CITY. SO GO ON,
CHOOSE TO BE A GOOD CITIZEN

TAKE YOUR PLEDGE #THEGOODCITIZEN

YOUR LIFE IS A MESS YOU (TRY TO) *run* FROM IT
YOU ARE A REAL THIS IS LIFE HIDE
LOVE YOUR MESS YOUR MESS IS A GOOD THING IT IS SOMETHING THAT DENY
YOUR MESS REAL LIFE CAN BE — IF YOU LET IT— DEFY
EVERY SINGLE PART OF YOUR MESS IS HERE FOR A REASON *messy* CAN HELP YOU YOUR MESS IS SIMPLE
LOVING ACCEPT CAN YOU CHANGE IN YOUR LIFE
YOUR REVEL IN CAN YOU CREATE RIGHT NOW
YOUR IMPORTANT OR DO AT THIS
MESS IS WHAT WILL GIVE YOU VERY
THE DRIVE TO START THE COURAGE TO MOMENT
THE PUSH TO LOSE weight OR A NEW BUSINESS RIGHT
THE DISCIPLINE TO GIVE UP SMOKING
LOVING YOUR MESS IS NOT ABOUT SURVIVING ANYTHING
IT IS ABOUT REALLY LIVING NOW



The Guide to **MAKING NEW FRIENDS**



- 1 REALIZE YOUR FEAR IS IN YOUR HEAD**
(It's not as scary as you think!)
- 2 START WITH PEOPLE YOU KNOW**
(Reach out to acquaintances; Join existing cliques; Meet friends' friends; Accept social invitations)
- 3 GET YOURSELF OUT THERE**
(Join meet-up groups; Attend courses; Volunteer; Go to parties)
- 4 TAKE THE FIRST STEP**
(Say hello - It's about being sociable!)
- 5 BE OPEN**
(Don't judge. On an emotional level, open your heart.)
- 6 GET TO KNOW THE PERSON**
(What does he/she do? What are his/her values? What are his/her passions? Goals? Dreams? What motivates/drives him/her?)
- 7 CONNECT WITH GENUINITY**
(Warmth, love and respect build friendships)
- 8 BE YOURSELF**
(Don't change yourself for anyone else)
- 9 BE THERE FOR THEM**
(That's what friendships are about!)
- 10 MAKE THE EFFORT TO STAY IN TOUCH**
(Takes two hands to clap!)

Think creatively
Content will always be **KING**

Coders are artists too

Forward motion, even in baby steps, is progress

If you are small, be proud and you will be recognized

Accept **change** as a healthy part of business

Be nice! Bugs are inevitable

Give freely of your experience

Be inspired by the passion of others

Help others find their best voice

Success requires a team

Building things is **fun**

Without communication we are screwed

Enable Without marketing we are lost
Pro\$perity

Admit your mistakes Bacon is **delicious**

Opportunities are never ending

Be responsive

...execution is everything.

e

YOU ARE NOT IN THE _____ BUSINESS.

YOU ARE IN THE PEOPLE BUSINESS.

TRUST FALLS DO NOT BUILD TEAMS.

HARD WORK, SHARED TRIUMPH AND FUN DO.

SKILL REQUIRES PRACTICE.

PRACTICE REQUIRES PASSION. INSIST ON PASSIONATE PEOPLE.

PEOPLE WORK TO MAXIMIZE PROFIT AND PURPOSE.

IF YOU DON'T KNOW "WHY" YOU'LL NEVER KNOW "HOW."

HAPPY TEAMS ARE PRODUCTIVE.

PRODUCTIVE TEAMS ARE HAPPY.

IF TWO PEOPLE ON A TEAM THINK AND ACT ALIKE, ONE OF THEM IS REDUNDANT.

HIRE ROCKSTARS.

THE REST WILL FOLLOW.

NO ONE CAME TO WORK TODAY WITH THE AIM OF MAKING YOUR LIFE HARD.

LISTEN. EMPATHIZE. GET OVER YOURSELF.

LIFE IS TOO SHORT

NOT TO DO WHAT
WITH PEOPLE

YOU LOVE.

THE START OF HAPPINESS

S M I L E at the World
and the World
will Smile Back ☺

HAPPINESS IS A CHOICE

CONNECT DEEPLY. BE KIND. LOVE FULLY.

Find what makes you happy

and DO IT OFTEN

FORGIVE Yourself. **FORGIVE** Others. **TODAY** is a **NEW DAY**.

Eat **HEALTHY**, **EXERCISE** Regularly, **CHALLENGE** Yourself.

Hug Your Family. Hug Your Friends. Hug the WORLD.

Think **POSITIVE**. **TREAT YOURSELF**. Relax and have **FUN**.

TRUST in Others and **Be TRUSTWORTHY**

Happiness brings **LOVE**, **SUCCESS** & **FULFILMENT**

Love, Success & Fulfilment bring **HAPPINESS**.

Set Your Own Goals

LEARN and **EXPERIENCE** Every day

LIFE is **EXCITING**. **LIFE** is **YOUR CHOICE**. **LIFE** is **FUN**.

Count Your Blessings. Give to Others. Laugh Outloud.

SING, DANCE & GO A LITTLE BIT SILLY!

TRAVEL the World. **KNOW** Yourself. Be **RESILIENT**.

Say I'm Sorry. Say Thank You. Say I Love You.

HELP and **TEACH** Others. Feel the **SUNSHINE**.

Be **BRAVE**. Be **EXCITED**. Be **CREATIVE**. Be **YOU**.

LIVE Your PASSION. LIVE YOUR PURPOSE.

You Can Change One Smile

The **WORLD**. at a Time ☺
www.startofhappiness.com

* get organised

* tidy up your mess

* use what you have

* sell the excess

* finish what
you start

* put plans
into action



IN ORDER TO BE, YOU MUST DO.

ALL GREAT THINGS THAT ONE ADVENTURE. THAT ONE DREAM.
START FROM THAT ONE IDEA. THAT ONE STEP.

TO ADVENTURE TO ADVENTURE IS TO
IS TO FIND YOURSELF WHOLE. HAVE A STORY AT THE
END OF ALL OF THIS.

THE PLACES YOU SEE, THE THINGS YOU MAKE AND THE PEOPLE YOU MEET
WILL FUEL YOU FOREVER.

CHOOSE TO SEE BEAUTY AND STRIVE FOR
GREATNESS
WHERE OTHERS SEE NONE. ALWAYS.

WE WANT TO INSPIRE YOU
TO DO MORE. TO BE MORE.
TO FEEL GOOD LOST AND EXPLORE ALWAYS.

**WE HAVE CONSUMED OVER A THIRD
OF OUR PLANET'S NATURAL RESOURCES IN THE LAST FIFTY YEARS.**

I refuse to contribute to this legacy.

I am not a consumer, I AM MORE THAN I HAVE.

I believe in people over possessions.

I AM A human being. The things i do own, will never own me.

I am not against *things*, in fact *things* are so sacred I think they ought to be shared.

BUT THE BEST THINGS IN LIFE AREN'T THINGS.

I am part of a movement underway where we believe it's possible to own less, and live more.

**WE HAVE NO INTEREST IN
COLLECTING DUST.**

Our belongings will never trump our belonging to one another.

WE BELIEVE THERE'S ENOUGH IN
THE WORLD FOR EVERYBODY'S NEED,
BUT NOT FOR EVERYBODY'S GREED.

**WE LIVE
LIGHTLY
AND YET
DEEPLY.**

***We dream that one day 'not owning'
things will be cooler than owning them.***

We believe sharing can be the new shopping, borrow can be the new buy,
and that joy is found in what we create and give away.

**WE WILL LEAVE THIS WORLD BETTER
THAN THE WAY WE FOUND IT.**



WE HOLD THESE TRUTHS TO BE SELF-EVIDENT

SELF-REPAIR MANIFESTO:

REPAIR IS BETTER THAN RECYCLING.

MAKING OUR THINGS LAST LONGER IS BOTH MORE EFFICIENT AND MORE COST-EFFECTIVE THAN MINING THEM FOR RAW MATERIALS.

REPAIR SAVES THE PLANET.

EARTH HAS LIMITED RESOURCES AND WE CAN'T RUN A LINEAR MANUFACTURING PROCESS FOREVER. THE BEST WAY TO BE EFFICIENT IS TO REUSE WHAT WE ALREADY HAVE!

REPAIR SAVES YOU MONEY.

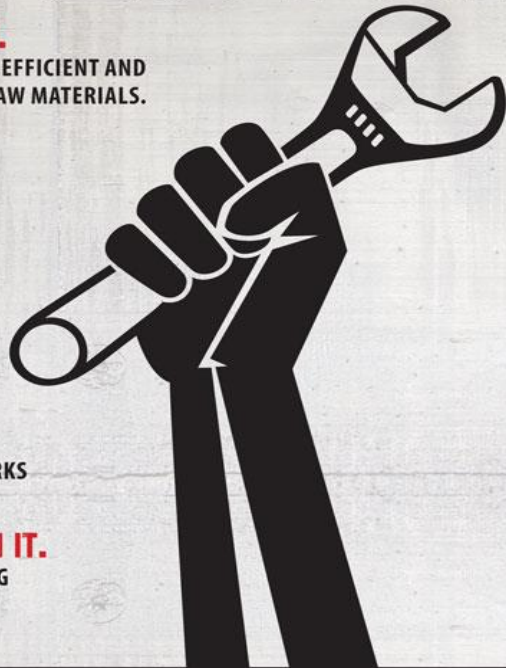
FIXING THINGS IS OFTEN FREE, AND USUALLY CHEAPER THAN REPLACING THEM. DOING THE REPAIR YOURSELF SAVES SERIOUS DOUGH.

REPAIR TEACHES ENGINEERING.

THE BEST WAY TO FIND OUT HOW SOMETHING WORKS IS TO TAKE IT APART!

IF YOU CAN'T FIX IT, YOU DON'T OWN IT.

REPAIR CONNECTS PEOPLE AND DEVICES, CREATING BONDS THAT TRANSCEND CONSUMPTION. SELF-REPAIR IS SUSTAINABLE.



REPAIR CONNECTS YOU WITH YOUR THINGS ◊ REPAIR EMPOWERS AND EMBOLDENS INDIVIDUALS
REPAIR TRANSFORMS CONSUMERS INTO CONTRIBUTORS ◊ REPAIR INSPIRES PRIDE IN OWNERSHIP
REPAIR INJECTS SOUL AND MAKES THINGS UNIQUE ◊ REPAIR IS INDEPENDENCE
REPAIR REQUIRES CREATIVITY ◊ REPAIR IS GREEN ◊ REPAIR IS JOYFUL
REPAIR IS NECESSARY FOR UNDERSTANDING OUR THINGS ◊ REPAIR SAVES MONEY AND RESOURCES

WE HAVE THE RIGHT:

TO OPEN AND REPAIR OUR THINGS WITHOUT VOIDING THE WARRANTY
TO DEVICES THAT CAN BE OPENED ◊ TO ERROR CODES AND WIRING DIAGRAMS
TO TROUBLESHOOTING INSTRUCTIONS AND FLOWCHARTS
TO REPAIR DOCUMENTATION FOR EVERYTHING ◊ TO CHOOSE OUR OWN REPAIR TECHNICIAN
TO REMOVE 'DO NOT REMOVE' STICKERS ◊ TO REPAIR THINGS IN THE PRIVACY OF OUR OWN HOMES
TO REPLACE ANY AND ALL CONSUMABLES OURSELVES
TO HARDWARE THAT DOESN'T REQUIRE PROPRIETARY TOOLS TO REPAIR
TO AVAILABLE, REASONABLY PRICED SERVICE PARTS

INSPIRED BY MISTER JALOPY'S MAKER'S BILL OF RIGHTS AND PLATFORM 21'S REPAIR MANIFESTO

ifixit

JOIN THE REPAIR REVOLUTION AT IFIXIT.COM

Manifesto:

2. To affect, or bring to a certain state, by subjecting to, or treating with, a flux. "*Fluxed* into another world." South.
3. *Med.* To cause a discharge from, as in purging.

flux (flŭks), *n.* [OF., fr. L. *fluxus*, fr. *fluere*, *fluxum*, to flow. See **FLUENT**; cf. **FLUSH**, *n.* (of cards).] 1. *Med.*
a A flowing or fluid discharge from the bowels or other part; esp., an excessive and morbid discharge; as, the bloody *flux*, or dysentery. **b** The matter thus discharged.

Purge the world of bourgeois sickness, "intellectual", professional & commercialized culture, **PURGE** the world of dead art, imitation, artificial art, abstract art, illusionistic art, mathematical art, — **PURGE THE WORLD OF "EUROPANISM" !**

2. Act of flowing: a continuous moving on or passing by, as of a flowing stream; a continuing succession of changes.
3. A stream; copious flow; flood; outflow.
4. The setting in of the tide toward the shore. Cf. **REFLUX**.
5. State of being liquid through heat; fusion. *Rare.*

PROMOTE A REVOLUTIONARY FLOOD AND TIDE IN ART,
Promote living art, anti-art, promote NON ART REALITY to be fully grasped by all peoples, not only critics, dilettantes and professionals.

7. *Chem. & Metal.* **a** Any substance or mixture used to promote fusion, e.g. the fusion of metals or minerals. Common metallurgical fluxes are silica and silicates (acidic), lime and lime-stone (basic), and fluorite (neutral). **b** Any substance applied to surfaces to be joined by soldering or welding, just prior to or during the operation, to clean and free them from oxide, thus promoting their union, as to iron.

FUSE the cadres of cultural, social & political revolutionaries into united front & action.

TODAY I WILL LOVE AND LAUGH. EAT,

I WILL NOURISH MYSELF WITH REAL FOOD AND MOVEMENT.

I CAN LIVE WITH GRATITUDE AND DANCE WITH JOY.

**I WILL DECLUTTER IMMATERIAL
OBJECTS AND THOUGHTS FROM MY LIFE,**

AND I WILL NURTURE THOUGHTS AND FEELINGS THAT MOVE ME
TOWARDS GREATER HAPPINESS, SELF-LOVE, AND COMPASSION.

I WILL INVEST IN COMMUNITY.

I WILL BELIEVE IN MYSELF.

I WILL BELIEVE IN OTHERS.

I WILL FIND INNUMERABLE REASONS TO

LOVE AND HOPE. I HAVE THE
COURAGE

TO REACH OUT TO UNKNOWN PEOPLE AND EXPERIENCES.

I CHOOSE CREATIVITY OVER COMPLACENCY,

SELF-WORTH OVER SHAME,

CONNECTING WITH OTHERS RATHER THAN ISOLATION.

I WILL OPEN MY HEART, DESPITE ALL THE

FEAR, PAIN, UNCERTAINTY AND DOUBT IN THE WORLD

AND IN TURN I WILL FIND JOY

AND HOPE. TODAY, I AM
ALIVE.

live LIVE

be spontaneous
but not to the point of combustion

experience the weather

sing, dance, act & breathe

hydrate. stretch.

recycle :)

limit consumption
to reduce waste

because each day is an adventure,
be prepared for anything

... but travel lightly

enjoy live music

... and MOSHPITS

question
EVERYTHING

choose raw

STAND UP

for what you believe in

revolt against unnecessary suffering and cruelty
maybe even protest occasionally

don't settle for mediocrity

give more than you take,
you'll get back what you put out

look for alternative remedies to cure what ails you, pharmaceuticals are NEVER the answer.

be hardcore

be compassionate

be LOVE

(be there when they need you)

read / discuss / watch / debate

peaceallover
party on.

THIS IS YOUR **PROJECT.**
TAKE RESPONSIBILITY.

DEFINE YOUR GOAL. BE REASONABLE.

CREATE A VIDEO. USE TESTIMONIALS.
KEEP IT SIMPLE.

CHOOSE A SUITABLE PLATFORM. BE CREATIVE.

PROMOTE INVOLVE YOUR FRIENDS AND FAMILY.
MOVE BEYOND YOUR
YOUR PROJECT. **COMFORT ZONE.**

ANSWER QUESTIONS PROMPTLY. INCORPORATE

POINT OUT THE FEEDBACK.

CROWDS' BENEFITS.

PROVIDE FREQUENT UPDATES. INVOKE POSITIVE EMOTIONS.

ASK FOR HELP. ALWAYS
BE HONEST.

STOP WAITING FOR THINGS TO
HAPPEN – MAKE THEM HAPPEN.

WORK UP TO THE VERY LAST MINUTE.

NEVER, NEVER,
NEVER GIVE UP. **GIVE 100%.**

KEEP ALL COMMITMENTS.

THANK YOUR SUPPORTERS. THE REAL WORK WILL

ENJOY YOUR WORK. **JUST BEGIN.**

stress is related to
99% of all illness

do not use cleaning chemicals on your kitchen surfaces
someone will inevitably make a sandwich on your counter

life is full of setbacks
success is determined by how you handle setbacks

do one
thing a
day that
scares you

nature wants us to be mediocre
because we have a greater chance
to survive and reproduce.
mediocrity is as close to the
bottom as it is to the top, and
will give you a lousy life.

that which matters the
most
should never give way
to that which
matters the
least

the pursuit of
happiness
is the source of all
unhappiness

observe a plant before and after watering
and relate these benefits to your body and brain

breathe
deeply

and appreciate the moment.
living in the moment could
be the meaning of life.

this is not your practice life.
this is all there is

the perfect
tomorrow
would read
'all
used
up'

children are the orgasm of life,
just like you did not know what
an orgasm was before you had
one, you won't know how great
children are until you have them.

what you do
to the earth
you do to
yourself

sunscreen absorbed into the
skin might be worse for you
than sunshine. get the right
amount of sunshine.

visualize your eventual demise. it can have an amazing effect on how you live in this moment.

creativity is maximized
when you are living in the moment

effectiveness is predicated by replacing the words "wish", "should" and "try" with "i will"

don't trust that an old age pension will be sufficient
your outlook on life
is a direct reflection of how
much you like yourself

a daily hit of athletic-induced
endorphins gives you the power
to make better decisions, helps you be
at peace with yourself, and offsets stress

friends
are more
important than
money

write down two personal, two business and two health goals
for the next 1, 5 and 10 years. do this four times a year.
goal setting triggers your subconscious computer.

the world moves at such a
rapid rate that waiting to implement
changes will leave you two steps behind.
do it now, do it now, do it now!

jealousy works
the opposite
way you want it to

have you picked up two dogs in a five minute self change your life

10-15
friends
allows for
real
relationships

communication is complicated, each family has slightly different
definitions of every word, an agreement is an agreement only. Each party
knows the conditions for satisfaction and a time is set for satisfaction to occur

love

listen listen listen
then ask strategic questions

the conscious brain can only hold one thought at a time
choose a positive thought



live near the ocean and inhale the pure salt air
that flows over the water (vancouver will do nicely)

sweat
once a day
to regenerate
your skin

dance, sing, floss and travel

work ★ **play** ★ **rest**

**KEEP it
SIMPLE**

**ASK
FOR**

WHAT YOU NEED

 **TRY** 

dream, create, inspire

★ **manifesto** ★ **june 2010** ★

respect the **ENVIRONMENT**

it's okay
to say **NO** **buy
HAND
MADE**

★ ★ ★ ★ ★ ★ ★
SMILE at strangers

trust the process

**PRACTISE
KINDNESS**

**GROW
SOMETHING**

★ **tell YOUR story** ★

**BE
PRESENT**

**BEGIN
AGAIN**

breathe deeply

BELIEVE

The Cult of Done Manifesto

There are three states of being.

Not knowing, action and completion

Accept that everything is a draft. It helps to get it done

There is no editing stage

Pretending you know what you're doing is almost the same as knowing what you are doing, so just accept that you know what you're doing even if you don't and do it

Banish procrastination

If you wait more than a week to get an idea done, abandon it

The point of being done is not to finish but to get other things done

Once you're done you can throw it away

Laugh at perfection. It's boring

and keeps you from being done

People without dirty hands are wrong

Doing something makes you right

Failure counts as done. So do mistakes

Destruction is a variant of done

If you have an idea and publish it on the internet, that counts as a ghost of done

**Done is the engine
of more**



I AM A **DREAMER** *and* A **DOER**.

I SEE POSSIBILITY EVERYWHERE. I AM THE SOLUTION.

I DON'T **BELIEVE** IN WAITING FOR **CHANGE**.

<I AM BILINGUAL/> I LOOK FEAR IN THE EYE
AND KEEP GOING.

blerd.

I BELIEVE THAT **AWESOMENESS** IS A VIRTUE.

I THINK BOWTIES & **GLASSES ARE SEXY.**

I WALK IN THE FOOTSTEPS OF THOSE WHO CAME BEFORE ME &
BLAZE A TRAIL FOR THOSE WHO FOLLOW.

I BELIEVE IN **REACHING FOR THE STARS.**

NOW, WE'RE A SPECIES OF EDITORS.
WE ALL RECYCLE, CLIP AND CUT, REMIX AND UPLOAD.
WE CAN MAKE IMAGES DO ANYTHING. ALL WE NEED IS
AN EYE, A BRAIN, A CAMERA,
A PHONE, A LAPTOP, A SCANNER, A POINT OF VIEW.
AND WHEN WE'RE NOT EDITING, WE'RE MAKING.
WE'RE MAKING MORE THAN EVER,
BECAUSE OUR RESOURCES ARE LIMITLESS AND
THE POSSIBILITIES ENDLESS.
WE HAVE AN INTERNET FULL OF INSPIRATION:
THE PROFOUND, THE BEAUTIFUL, THE DISTURBING,
THE RIDICULOUS, THE TRIVIAL, THE VERNACULAR AND THE INTIMATE.
WE HAVE NEXT-TO-NOTHING CAMERAS THAT RECORD THE LIGHTEST LIGHT, THE DARKEST DARK.
THIS TECHNOLOGICAL POTENTIAL HAS CREATIVE CONSEQUENCES.
IT CHANGES OUR SENSE OF WHAT IT MEANS TO MAKE. IT RESULTS IN
WORK THAT FEELS LIKE PLAY,
WORK THAT TURNS OLD INTO NEW, ELEVATES THE BANAL.
WORK THAT HAS A PAST BUT FEELS
ABSOLUTELY PRESENT.
WE WANT TO GIVE THIS WORK A NEW STATUS.
THINGS WILL BE DIFFERENT
FROM HERE ON...

- ① STEAL LIKE AN ARTIST.
- ② DON'T WAIT UNTIL YOU KNOW WHO YOU ARE TO GET STARTED.
- ③ WRITE THE BOOK YOU WANT TO READ.
- ④ USE YOUR HANDS.
- ⑤ SIDE PROJECTS AND HOBBIES ARE IMPORTANT.
- ⑥ THE SECRET: DO GOOD WORK AND SHARE IT WITH PEOPLE.
- ⑦ GEOGRAPHY IS NO LONGER OUR MASTER.
- ⑧ BE NICE. (THE WORLD IS A SMALL TOWN.)
- ⑨ BE BORING. (IT'S THE ONLY WAY TO GET WORK DONE.)
- ⑩ CREATIVITY IS SUBTRACTION.

"Nothing is original. Steal from anywhere that resonates with inspiration or fuels your imagination. Devour old films, new films, music, books, paintings, photographs, poems, dreams, random conversations, architecture, bridges, street signs, trees, clouds, bodies of water, light and shadows. Select only things to steal from that speak directly to your soul. If you do this, your work (and theft) will be authentic. Authenticity is invaluable; originality is non-existent. And don't bother concealing your thievery—celebrate it if you feel like it. In any case, always remember what Jean-Luc Godard said: "It's not where you take things from—it's where you take them to."

— Jim Jarmusch

EFL Classroom 2.0

